

Since the beginning, sara's interest in dance has been an occasion to explore the body embracing its complexity: her research merges theoretical studies in philosophy and cinema and practical studies of different movement's techniques and compositional approaches in a perspective that considers contemporary creation as an encounter between languages.

Her choreographic work, presented in theater as in unconventional spaces, explores different modality of art's sharing, with a special attention to public space and a wide range of audience, highlighting the connection between scene and everyday life, audience and performers. Collaboration with visual artists, musicians and video makers has been regular in her artistic path. In particular, since 2014 her projects have increased a participatory and cross-disciplinary perspective when the collaboration with the bassist, composer and video maker Stefano Risso is started.

After a first period of dance and cinema's studies in Turin she continues her dance research at the Laban Centre for contemporary dance in London, she spent six months in Essen following the Tanztheater Wuppertal then move to Paris where she obtains a Master's degree at Paris VIII University Dance Department. She come back to Italy in 2000 and she promotes the creation of II Cantiere cultural association, with a project to redevelop urban space in art yard, from which it took its name.

Her first choreographic creations have been invited by numerous national and international performing art festivals such as Interplay International contemporary dance festival, Les Repérages Rencontre Internationales de la Jeunes Choregraphie Lille, Tanzmesse Düsseldorf, Charleroi Dance, Festival da Fabrica Porto, FKM Belgrad, Signal and Autunno Danza Festival Cagliari, as well as in other important international site-specific creation projects as the European Interreg France-Italian project Marchés Communes, Italyart Cultural Olympiad, Corpi Urbani Genova, Festival Havana Vieja L'Havana, Cuba. For training programs she has collaborated with the performing art department of Turin University, Companhia Instavel/Teatro Campo Alegre Porto; L'Entrepôt Cultural Center Nice, among other. She is currently the yoga teacher at the professional contemporary dancer training biannual programme FOR at Olga Roriz Dance Company in Lisbon.

Her projects have been produced by Torinodanza Festival, Italian Ministry of cultural heritage and activity, Regional Performing Art Circuit Piemonte da Vivo and Lavanderia a Vapore Regional Center for Dance, Sandretto Re Rebaudengo Contemporary Art Foundation, Compagnia di San Paolo Foundation.

Since 2019 she moved to Lisbon, where she lives continuing her activity between Italy, Portugal and abroad, developing her personal work and il Cantiere's projects thanks to the recent support of Teatri di Vita Bologna, DevirCapa Centro das artes performativas do Algarve, Sardegna Teatro among others. She has been member of the official jury for the screen dance section of InShadow Festival Lisbon in 2020. Her work is presented at the international contemporary festival Dias da Dança / Corpo+Cidades section in Porto and at the SESC Bienal Dança de São Paulo in 2021. As artist working in Portugal she has been selected by Artemrede, main partner of the Creative European Project Stronger Peripheries for the first project's meeting in Moita in 2021.

awards for choreographic projects:

mobility grant - Cuba Festival by G.A.I. Italian young artists association representing Italy - Rencontres Internationales de la Jeunes Chorégraphie, Lille Dance Break Call - Torino danza Festival and Tetaro Regio Torino selected for Spazi per la Danza Contemporanea by Ministry of cultural heritage and activity selected by Premio Equilibrio Parco della Musica, Rome original production for Torinodanza Festival official selection of the Main program, Tanzmesse Dusseldorf

awards for cross disciplinary projects / il Cantiere team:

Ist Residence Call - Lavanderia a Vapore, Regional Center for Dance (No comfort Zone / special mention) Motori di Ricerca: artistic paths between choreography and visual arts (3 years commitments 2014 – 2016) International Call Long Night of Museums in Braga Portugal Call for proposals ORA! Fondazione Compagnia di San Paolo (1 year length 2016/2017 as project leader) Call - BxH performing arts Brescia